

BREAKFAST

"All happiness depends on a leisurely breakfast." - John Gunther

Continental Breakfast

Liamuiga Sunrise Breakfast

Chilled Orange or Mango & Passion Fruit Juice
Seasonal Fresh Fruit Plate
Resort Baked Brioche, Muffin, Glazed Mini Danishes
and Flaky Croissant.
Fruit Preserves, Peanut Butter and Butter
Freshly Brewed Regular and Decaffeinated Coffee or
Selected Tea \$22

English Breakfast

Farmers Breakfast

Chilled Orange or Apple Juice
Basket of Freshly Baked Muffin, Danish,
Croissant, and Toast with Butter & Preserve
Seasonal Fresh Fruit Plate and Vanilla Yogurt
Oatmeal with Choice of Milks or Eggs any style
Hot Cakes & Bacon
Sautéed Herb and Red Bliss Potatoes
Freshly Brewed Regular or Decaffeinated Britt Coffee
and Specialty Teas \$28

Just for Kids

Silver Dollar Pancakes \$8
French Toast Sticks \$8
Kellogg's Cereal or Oatmeal \$6
Eggs & Bacon \$10



Items are available for Kids 12 and under (Free
for Kids 4 and under) that are accompanied by
an adult. Soda, Milk or Juice is included.

Mains & Eggs

Egg Benedict \$14

Canadian Bacon, English muffin

Steak and Eggs Benedict \$19

Crispy Rosemary Hash Browns, Tender Sliced Beef
Filet, Poached Eggs topped with Chef Made
Béarnaise Sauce

Homemade Biscuits, Sausage & Gravy \$14

Served with Pork Sausage & Fresh Scrambled Eggs

Pancakes \$12

Syrup & berry compote

Egg White Frittata \$18 (370 cal.)

With Smoked Salmon, Scallions, Cream Cheese

Three Egg Omelette- served with Hash brown

| | |
|--|------|
| Jerk Chicken, Onion, Peppers, Cheddar Cheese | \$16 |
| Mushroom, Spinach, Onion, Swiss Cheese | \$15 |
| Peppers, Tomato, Onion, Cheddar Cheese | \$15 |
| Eggs Cooked to your Preference | \$ 8 |

Meats & Cheeses

| | |
|-----------------------|------|
| Strip Bacon | \$ 7 |
| Chicken/Apple Sausage | \$ 5 |
| Pork Sausage | \$ 5 |
| Swiss Cheese | \$ 5 |
| Aged Cheddar | \$ 5 |
| Smoked Gouda | \$ 5 |

BREAKFAST

"All happiness depends on a leisurely breakfast." - John Gunther

Breads & Freshly Baked Pastries

| | |
|--|--------|
| Selection of 3 Morning Pastries or Breads, Butter & Preserve | \$ 10 |
| Brioche | \$ 3.5 |
| Croissant | \$ 3.5 |
| Muffin | \$ 5 |
| Danishes | \$ 4.5 |
| White Toast | \$ 3 |
| Whole Wheat Toast | \$ 3 |
| Baguette | \$ 4 |
| Gluten Free Bread | \$ 5 |
| Bagels Toasted, Cream Cheese | \$ 4 |

* Please ask for daily selection*

Fruits & Grains

| | |
|---|------|
| Fruit Plate | \$ 9 |
| Fruit & berry salad | \$ 9 |
| Oatmeal, choice of milk, brown sugar, dried fruit & nuts (440 cal.) | \$ 8 |
| Cereal, berries, choice of milk | \$ 7 |

Yoghurts

| | |
|--|------|
| Vanilla Yoghurt (145 cal.) | \$ 6 |
| Yoghurt parfait- with Fresh Fruit, berries, & Granola (500 cal.) | \$ 9 |

Juices

| | |
|-----------------------------|------|
| Orange Juice | \$ 5 |
| Cranberry Juice | \$ 5 |
| Apple Juice | \$ 5 |
| Mango & Passion Fruit Juice | \$ 5 |
| Tomato Juice | \$ 4 |

Coffee & Tea

| | |
|----------------------|--------|
| Regular Coffee | \$ 4 |
| Decaffeinated Coffee | \$ 4 |
| Espresso | \$ 3.5 |
| Assorted Teas | \$ 3.5 |

Water

| | |
|----------------------|-------|
| Large Royal Mist | \$ 6 |
| Large San Pellegrino | \$ 11 |